



Safety Proficiency Assignment

This assignment is a mandatory component for individuals seeking the NCSO[™] and NHSA designations. It is a tool used to evaluate the participants' ability to apply what they have learned in the classroom.

All participants must forward their Safety Proficiency Assignment to the BCCSA for review and approval.

Toolbox Talk/ Safety Meeting	Site Inspection
Hazard Assessment	Incident/Near Miss Investigation

All four components must be submitted at the same time for review as one PDF file through the NCSO™ Application.

All documentation submitted must:

- have been completed by you.
- include your name and signature.
- be in individual format (employees from the same company may not conduct an investigation as a group and then submit that same investigation for all participants).

The forms for this Assignment start on page 5 of this document!

Proficiency Assignment Submission Requirements

Document	Requirements
Hazard Assessment	☐ Tasks ☐ Hazards ☐ Controls ☐ Risk Ranking
Site Inspection	 □ What was inspected? □ Corrective Actions □ Person responsible for each corrective action □ Target date for each corrective action
Incident or Near Miss Investigation	 □ When did the incident occur? □ What happened? □ Causes (minimum 3) □ Person responsible for each corrective action □ Target date for each corrective action
Toolbox Talk/Safety Meeting Minutes	 □ Meeting leader □ Topics discussed, actions and notes □ Attendance (signatures) □ Worker input

It is acceptable to black-out names of individuals or locations on an investigation report to protect the identity of an injured party or the confidential location of an on-going project.

Frequently Asked Questions (FAQ)

1. What are the most common reasons for assignments are not approved?

Some of the most common deficiencies include:

- failing to submit all four documents
- failing to include your name on all documents
- hazard assessment does not include a risk ranking section
- inspection does not include the inspectors name or the date of inspection
- investigation does not include corrective actions for each cause
- safety meeting does not include who led the meeting

2. Can I use my company's forms?

Yes! We strongly encourage using your company forms. Please ensure your forms include all the submission requirements.

The intent of the assignment is to apply what you know. You can black out the names of other workers, but it must be clear that you completed the forms.

3. We have not had any incidents in years; how can we do an Investigation?

Keep in mind what is required by your company policy and legislation to investigate. What about *Near-misses?* What about *Work Refusals?*

You may also *reinvestigate* an incident that has happened in the past. Can you find new causes or solutions with what you've learned?

4. I am obtaining my NHSA, not my NCSO™ designation. Will I still need to complete and submit a proficiency assignment?

Yes, the safety proficiency assignment is a requirement for both NCSO™ and NHSA applicants.

5. What do I do if I am not working?

You may consider applying this assignment for your home or recreational activities. For example:

- a. assess hazards in and around your home
- b. do an inspection in or outside your house
- c. have a safety meeting with family (get them to sign in) and do a mock evacuation/fire drill
- d. do an incident investigation with kids

Examples of incidents to investigate at home:

Incident	Causes	Corrective Action
Milk spilled	 Inattention to task at hand Rushing Lack of Supervision 	 Slow down at dinner time (Admin) Go back to sippy-cup (Engineering)
Car backed over bicycle in driveway	 Failure to conduct walk-around No spotter Poor Housekeeping 	 Bikes must be put away (Admin) Install Backup Cam (Engineering)

We all encounter situations on a daily basis, where we can assess hazards, inspect for preventative maintenance, investigate losses or near-misses, and take a moment to talk about Safety.

We are looking for an application of similar principles learned in Leadership for Safety Excellence™. Good luck!

Com	pany	Name
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Health and Safety Toolbox Meeting

Foreman/Supervisor Signature

Date:	Project/Facility:	
AGENDA:	Meeting led by:	
 Review of Previous Meeting Review of Inspections/Incidents Current Topic Discussion Worker Input Date/Time/Topic of Next Meeting 		
ATTENDANCE: (Have each attendee p	orint & sign in ink)	
1	6.	
2	7.	
3	8.	
4	9.	
5	10	D
TOPICOFREVIEW:		
WORKER INPUT:		
ACTION(S) TO BE TAKEN:		
NEXT MEETING: Date:		Time:

Reviewed By

Work Site Safety Inspection

		Company l	Name	Date:	
Location:		Ins	spected by:		
Items to Watch For:					
 Buildings and structures, windows, floors, doors, stairs Elevators, escalators, manlifts Aisles, work surfaces Lighting Electrical wiring, cords Exits, alarms, emergency lighting, drills Fire protection equipment Heating and cooling 	 Sanitation Storage areas Bulletin board Atmosphere condition, ventilation Toxic material storage, Flammable liquid, gas, storage containers Pressure vessels 	, labels • labels, •	Materials handling equipment Containers Production equipment, guarding, controls Hand and power tools Ladders, scaffolds Vehicles First aid contents and training Personal protective equipment	 Operator authorizations Warning signs, labels Safe work practices Proper lifting Housekeeping Maintenance Safety training Smoking Locker and lunch room Safe job procedures 	
Item# Location	Observed	Priority	Action(s)	ActionCompleted (Prin	nt Name)
* Deitseiten landere 4. kenneiten auch Deuts	2 Cariana 2 I	N.A	A		
* Priority Index: 1. Imminent Dan	iger 2. Serious 3. i	Milnor 4. Not	Applicable (N/A)		
Copiesto:	Re	viewed (Date):		
Comments:					
Manager's Name and Signature					

FIELD LEVEL HAZARD ASSESSMENT

Check off the hazards that apply to this job. List the items in the hazards column, indicate the priority ranking and identify the plans to eliminate or control on the other side of this form.

Environmental Hazards	Access/Egress Hazards	Rigging & Hoisting Hazards				
 Work area clean Material storage identified Just/mist/fumes Noise in area Extreme temperatures Spill potential 	□ 19. Aerial lift/man basket (inspected & tagged) □ 20. Scaffold (inspected & tagged) □ 21. Ladders (tied off) □ 22. Slips/trips □ 23. Hoisting (tools, equipment)	33. Lift study required 34. Proper tools used 35. Tools/sling inspected 36. Equipment inspected 37. Others working overhead/below 38. Critical lift permit				
7. Waste properly managed 8. Excavation permit required	24. Evacuation (alarms, routes, ph.#) 25. Confined/restricted space entry	Electrical Hazards				
9. Other workers in area 10. Weather conditions 11. MSDS reviewed	permit required Overhead Hazards	□ 39. GFI test □ 40. Lighting levels too low □ 41. Working on/near energized				
Ergonomic Hazards 12. Awkward body position 13. Over extension 14. Prolonged twisting/repetitive/	 □ 26. Barricades & signs in place □ 27. Hole coverings identified □ 28. Harness/lanyards inspected □ 29. 100% tie-off with harness and anchor points identified 	equipment 42. Electrical cords/tools condition 43. Fire extinguisher 44. Hot work or electrical permit required				
bending motion 15. Working in tight area	□ 30. Falling objects □ 31. Power lines	Personal Limitations/Hazards				
16. Lift too heavy/awkward to lift 17. Hands not in line of sight 18. Working above your head Severity: 1. Imminent Danger – causing deaths,	32. Hoisting or moving loads overhead STOP & THINK	 □ 45. Procedure not available for task □ 46. Confusing instructions □ 47. No training for task or tools to be used □ 48. First time performing the task 				
widespread occupational illness, loss of facilities	Look Around &	Probability:				
Serious – severe injury/illness, property and/or equipment damage Minor – non-serious injury, illness or	Resume Work Identify Hazards	A. Probable – likely to occur immediately or soon B. Reasonably Probable – likely to occur eventually				
damage 4. Not Applicable – N/A	Control Hazards Assess Hazards	C. Remote – could occur at some point D. Extremely Remote – unlikely to occur				
Severity + Probability = Priority (e.g. Worker at heights without Fall Protection – 1A)						

It is important that all hazards are identified and controlled. Confirm that all permits are valid.

Remember: "Stop & Think" & "See It Again for the First Time"

This generic FLHA card was produced by the Alberta Construction Safety Association

		Y PLA	Dat	mit job #: ntrol the haz TE/CONTRO		□ No
& T	PRIORITY	Y PLA	o eliminate/co	ntrol the haz		□ No
& T	PRIORITY	Y PLA	NS TO ELIMINA	TE/CONTRO		□ No
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N/A			lazards remaini	ng? 🗆 Ye	s \square N	lo
Yes No	□ N/A	(If Yes, expl	ain)			
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or to commen	cing work, a	and initial who	en task is comple	ted or at the e	nd of th	e shift.
	Worker's	s Name (Pri	nt)	Signature		
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ompieted card)				. All names mus	t be leaib	ole.
	completed card)	completed card):		completed card):	completed card):	

Company Name

Ind	cident Investigation	on Report	Date/Time:	
1.	Incident Type:	☐ Injury/Illness ☐ Spill ☐ Property Damage	Close Call Major Potential Vehicle Collision	Fire
2.	Incident Date (M/D/Y)):/	3. Time (24 Hour Clock):	
4.	Area:		5. Specific Location:	
Inju	u ry/Illness ☐ First Aid	☐ Medical Aid ☐	Modified Work	☐ Fatal
7.	Name of Worker:		8. Age: Gend	er:
9.	Occupation:		10. Experience:	
	Object/Equipment/Soperty Damage	ubstance Inflicting Injur	y/Damage:	
13.	Description of Proper	rty:		
14.	Description of Damag	ge:		
15.	Estimated Loss/Dama	age Cost:		
	ner Actual/Potential Lo	oss		
17 .	Description:			
18.	Estimated Cost:			

19.	Evaluatio	on of Risk Potential if Not Corr	ected (cir	cle selectio	n):		
Seve Prob	rity: ability:	 Imminent Danger Probable B. Reasonably 	2. Serio Probable		Minor D. Extren		licable (N\A)
20.	Descripti	on of Incident:					
 Diag	ram of Sce	ne:					κŢ
							N.T.S Not to Scale
Witi 21.	ness(es): Witness S	Statement(s) Attached:	☐ Ye	es 🔲 N	lo		
22.	Descripti	on of Immediate Cause(s)					
23.	Descripti	on of Underlying Cause(s)					
24.	Correctiv	e Action(s) (Immediate, Interi	im, Final):	:			
Reco	mmendati	ions Completed by Whom:		Date/Time	:		
25.	Date Rep	ort Completed: (Y/M/D)					
Inve	stigated by	:					
		print		1		sign	
_	atures			Worker:			

Supervisor: