

TOOLBOX TALK

DISCUSS WITH CREWS

mm/dd/yyyy

UNEVEN TERRAIN

Topic Overview

Uneven terrain is a hazard that is sometimes overlooked on the worksite. However, ankles and knees are often injured due to uneven terrain.

Hazards to be aware of

Some of the culprits that lead to uneven terrain include:

- Material or garbage on the ground.
- Curbs.
- · Milled edges.
- Tools on the ground.
- Raised manholes.
- Excavations.
- String-line.
- Concrete structures.



Safety Tips

It would be impossible to mark out each and every item on which we could trip or roll our ankle. However, we can significantly reduce our chances of injury by:

- **Being aware of the hazards** At the start of each job, take a minute to identify possible tripping, slipping or ankle hazards.
- **Wearing ankle-supporting safety footwear** Take a moment to examine your own footwear. Are your laces snugly done up high enough to ensure that if you were to slip off a curb unexpectedly, your ankle would have enough support to avoid injury?

Ankle or knee injuries can have a significant impact on your life, so don't risk an injury. Take the time **NOW** to do up your laces and always remember to include this as part of your daily routine.



TOOLBOX TALK

LOCATION	DATE
PRESENTED BY	TIME
Review previous Workplace Inspections	
Review previous Accident/Incident/Near Misses	
Other Safety Issues or Suggestions made by Staff	
Attendance Record	

NAME	SIGNATURE	NAME	SIGNATURE

TOOLBOX MEETING REVIEWED	NAME (PRINT)	SIGNATURE	DATE
MANAGEMENT REP			
WORKER REP			