

PHYSICAL DEMANDS ANALYSIS (EXAMPLE)
RESIDENTIAL GAS FITTER

JOB DESCRIPTION

TASK #	TASK DESCRIPTION	% OF SHIFT
1	Load materials	10%
2	Drive to site and unload	10%
3	Gas Fitting - completing measurements, threading, wrenching, and painting	65%
4	Clean up and loading	10%
5	Drive back to shop	5%

*The physical demands may vary depending on company and location.
 Confirm this physical demands analysis is an accurate representation of the specific job.*

ITEMS HANDLED

- Pipe wrench (11 lbs.) – various sizes
- Tape measurer
- Level
- Thread machine (80 lbs.)
- Thread machine tools (up to 7 lbs.)
- Thread machine bucket including shavings, tools, etc. (50 lbs.)
- Thread sealant
- Pipe – 4” 20-foot pipe (34 lbs.)
- Impact drill (2 lbs.)
- Paint/paint brush (1 lbs.)
- Pipe stand (19 lbs.)
- Ladder (24 lbs.)
- Roof top blocks (up to 7 lbs.)
- Lift to access roof

PERSONAL PROTECTIVE EQUIPMENT

- Work Boots
- Safety glasses
- Gloves

ENVIRONMENTAL EXPOSURE

Works inside or outside near buildings. Exposed to restricted spaces or wet, damp areas, uneven terrain and fumes from paint, sealant, or natural gas.

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JOB TITLE	RESIDENTIAL GAS FITTER					LENGTH OF SHIFT (HRS)	8
JOB DESCRIPTION							
A gas fitter is required to complete installation and maintenance on gas lines.							
PHYSICAL JOB DEMANDS - Grade using a scale of 0 - 4							
0 = NOT REQUIRED		1 = SELDOM REQUIRED: < 5%			2 = MINOR REQUIREMENT: 5-33%		
-		Less than 30 minutes per day or not daily			30 minutes up to 3.5 hours per day or 1 repetition every 30 minutes		
3 = OCCASIONAL REQUIREMENT: 34-66%				4 = FREQUENT REQUIREMENT: 67-100%			
3.5 hours up to 6.5 hours per day or 1 repetition every 2 minutes				6.5 hours per day up to shift length or 1 repetition every 30 seconds			
INSTRUCTIONS: Place an X under number 0,1,2,3 or 4 to identify the frequency of each body demand or exposure.							
PHYSICAL JOB DEMANDS	0	1	2	3	4	DESCRIBE THE TASK(S) PERFORMED	
WHOLE BODY DEMANDS							
SITTING				X		Driving to and from site, during breaks.	
SITTING WITH VIBRATION/JARRING	X					-	
DRIVING				X		Driving to and from site.	
STANDING				X		Using threading machine, installing pipe while using ladder (ceiling). Frequency depending on site.	
RUNNING	X					-	
WALKING							
LEVEL				X		On site (interior and exterior). Frequency depending on site.	
UNEVEN GROUND		X				Exterior of site.	
SLOPES / RAMPS			X			On roof, throughout site. Frequency depending on site.	
CLIMBING							
REGULAR STAIRS		X				To access roof.	
STEEP STAIRS	X					-	
LADDERS			X			To access ceiling on site or access scissor lift. Frequency depending on site.	
OTHER	X					-	
LOW LEVEL WORK							
KNEELING			X			Installing, wrenching, and painting pipe. Frequency depending on site.	
SQUATTING			X			To access gas pipes, installing, wrenching, and painting pipe. Frequency depending on site. Accessing smaller rooms on site.	
CRAWLING		X				Installing, wrenching, and painting pipe.	

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PHYSICAL JOB DEMANDS	0	1	2	3	4	DESCRIBE THE TASK(S) PERFORMED
SPECIFIC BODY DEMANDS						
NECK MOVEMENTS						
BENDING						
SUSTAINED					X	During installation, wrenching and painting pipe, checking surroundings on site, using threading machine. Frequency depending on site. Measuring and installing pipe, painting pipe at higher levels (ceiling), checking surroundings, using the lift to transport pipe. Frequency depending on site.
REPETITIVE	X					-
TWISTING						
SUSTAINED	X					-
REPETITIVE			X			Loading and unloading, threading, checking pipe placement and surroundings.
TRUNK MOVEMENTS						
BENDING						
SUSTAINED					X	During measuring tasks, installing, wrenching, and painting pipes, using threading machine. Frequency depending on site.
REPETITIVE	X					-
TWISTING						
SUSTAINED	X					-
REPETITIVE		X				Using threading machine, checking pipe placement and painting pipe.
SHOULDER MOVEMENTS						
OVERHEAD			X			Measuring and installing pipe, painting pipe at higher levels (ceiling). Frequency depending on site.
FORWARD REACHING					X	Loading and unloading materials/equipment, installing pipe, using pipe wrench, adjusting dye for threading machine, applying thread sealant and paint, measuring.
GRIPPING DEMANDS						
DOMINANT HAND						
REPETITIVE					X	Loading and unloading materials/equipment, gripping pipe, pipe wrench, adjusting dye for threading machine.
CONTINUOUS	X					-
NON-DOMINANT HAND						
REPETITIVE				X		Loading and unloading materials/equipment, gripping pipe, pipe wrench, adjusting dye for threading machine.
CONTINUOUS	X					-
FINGER DEXTERITY				X		Applying thread sealant, paint, using level.

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PHYSICAL JOB DEMANDS	0	1	2	3	4	DESCRIBE THE TASK(S) PERFORMED
MANUAL HANDLING DEMANDS						
LIFTING						
LIGHT (MAX 20 LB / 9 KG)				X		Lifting various tools to install pipe (paint (1 lbs.), pipe wrench (11 lbs.), etc.
MEDIUM (MAX 50 LB / 22.5 KG)			X			Lifting thread machine and thread machine tools/bucket (50 lbs.) during loading and unloading, lifting pipe. Lifting pipe (up to 34 lbs.) and equipment from truck during loading and unloading, spinning pipe during threading (34 lbs.). Installing pipe (up to 34 lbs.) into ceiling or higher levels, lifting pipe (34 lbs.) and ladder (24 lbs.) from roof rack of truck.
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
CARRYING						
LIGHT (MAX 20 LB / 9 KG)			X			Carrying various tools to install pipe (paint (1 lbs.), pipe wrench (11 lbs.), etc.
MEDIUM (MAX 50 LB / 22.5 KG)			X			Carrying box of pipes – fittings (up to 60 lbs.) for install.
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
MOBILE PUSHING						
LIGHT (MAX 20 LB / 9 KG)	X					-
MEDIUM (MAX 50 LB / 22.5 KG)	X					-
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
MOBILE PULLING						
LIGHT (MAX 20 LB / 9 KG)	X					-
MEDIUM (MAX 50 LB / 22.5 KG)	X					-
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
STATIC PUSHING/PULLING						
LIGHT (MAX 20 LB / 9 KG)	X					-
MEDIUM (MAX 50 LB / 22.5 KG)	X					-
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)				X		Using wrench to install and tighten pipe (early phase), pushing/pulling dye for threading machine, etc. Using wrench to install and tighten pipe (finishing), cutting metal ring with threading machine.