

PHYSICAL DEMANDS ANALYSIS (EXAMPLE)
DRYWALLER/ FINISHER



JOB DESCRIPTION

TASK #	TASK DESCRIPTION	% OF SHIFT
1	Install drywall	40%
2	Tape and finish drywall	30%
3	Sand drywall	20%
4	Paint drywall (walls, ceiling, trim)	10%

*The physical demands may vary depending on company and location.
 Confirm this physical demands analysis is an accurate representation of the specific job.*

ITEMS HANDLED

- Drywall (50 lb.)
- Screw gun (battery) (5 lb.)
- Mud box (20 lb.)
- Drywall saw, utility knife, taping knives, a T-square, tape measure, and sanding tools (1 lb.)
- Box of drywall screws (5 lb.)

PERSONAL PROTECTIVE EQUIPMENT

- Work Boots
- Dust Mask

ENVIRONMENTAL EXPOSURE

Works inside. May work at height and often in dust.

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JOB TITLE	DRYWALLER/ FINISHER				LENGTH OF SHIFT (HRS)	8
JOB DESCRIPTION						
A drywaller/finisher installs drywall, tapes and floats drywall, sands drywall, and paints (walls, ceiling, trim)..						
PHYSICAL JOB DEMANDS - Grade using a scale of 0 - 4						
0 = NOT REQUIRED	1 = SELDOM REQUIRED: < 5%			2 = MINOR REQUIREMENT: 5-33%		
-	Less than 30 minutes per day or not daily			30 minutes up to 3.5 hours per day or 1 repetition every 30 minutes		
3 = OCCASIONAL REQUIREMENT: 34-66%			4 = FREQUENT REQUIREMENT: 67-100%			
3.5 hours up to 6.5 hours per day or 1 repetition every 2 minutes			6.5 hours per day up to shift length or 1 repetition every 30 seconds			
INSTRUCTIONS: Place an X under number 0,1,2,3 or 4 to identify the frequency of each body demand or exposure.						
PHYSICAL JOB DEMANDS	0	1	2	3	4	DESCRIBE THE TASK(S) PERFORMED
WHOLE BODY DEMANDS						
SITTING		X				May sit on stool/pail for low work.
SITTING WITH VIBRATION/JARRING	X					-
DRIVING	X					-
STANDING					X	Most work performed in standing.
RUNNING	X					-
WALKING						
LEVEL			X			Walking tools and materials from van.
UNEVEN GROUND	X					-
SLOPES / RAMPS	X					-
CLIMBING						
REGULAR STAIRS		X				Bringing in tools and materials.
STEEP STAIRS	X					-
LADDERS	X					-
OTHER			X			Baker style scaffold.
LOW LEVEL WORK						
KNEELING			X			For low work as needed.
SQUATTING	X					-
CRAWLING	X					-

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PHYSICAL JOB DEMANDS	0	1	2	3	4	DESCRIBE THE TASK(S) PERFORMED
SPECIFIC BODY DEMANDS						
NECK MOVEMENTS						
BENDING						
SUSTAINED				X		Looking up for ceiling or overhead work.
REPETITIVE	X					-
TWISTING						
SUSTAINED	X					-
REPETITIVE	X					-
TRUNK MOVEMENTS						
BENDING						
SUSTAINED				X		As needed for low level work.
REPETITIVE	X					-
TWISTING						
SUSTAINED	X					-
REPETITIVE	X					-
SHOULDER MOVEMENTS						
OVERHEAD				X		Taping, sanding, working overhead.
FORWARD REACHING	X					-
GRIPPING DEMANDS						
DOMINANT HAND						
REPETITIVE	X					-
CONTINUOUS					X	Both hands on tools and materials.
NON-DOMINANT HAND						
REPETITIVE	X					-
CONTINUOUS					X	Both hands on tools and materials.
FINGER DEXTERITY				X		Handling drywall screws.

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PHYSICAL JOB DEMANDS	0	1	2	3	4	DESCRIBE THE TASK(S) PERFORMED
MANUAL HANDLING DEMANDS						
LIFTING						
LIGHT (MAX 20 LB / 9 KG)					X	Tools and equipment.
MEDIUM (MAX 50 LB / 22.5 KG)				X		Drywall sheets (2 people).
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
CARRYING						
LIGHT (MAX 20 LB / 9 KG)					X	Tools and equipment.
MEDIUM (MAX 50 LB / 22.5 KG)				X		Drywall sheets (2 people).
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
MOBILE PUSHING						
LIGHT (MAX 20 LB / 9 KG)	X					-
MEDIUM (MAX 50 LB / 22.5 KG)	X					-
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
MOBILE PULLING						
LIGHT (MAX 20 LB / 9 KG)	X					-
MEDIUM (MAX 50 LB / 22.5 KG)	X					-
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-
STATIC PUSHING/PULLING						
LIGHT (MAX 20 LB / 9 KG)				X		Taping, sanding, painting.
MEDIUM (MAX 50 LB / 22.5 KG)	X					-
HEAVY (MAX 100 LB / 45 KG)	X					-
VERY HEAVY (OVER 100 LB / 45 KG)	X					-